

DELICIOUS RECIPES FOR A BALANCED LIFE

Elevate your nutrition, cooking, and baking with the endless possibilities of Nutrify



IMPORTANT

PREPARATION MODES:

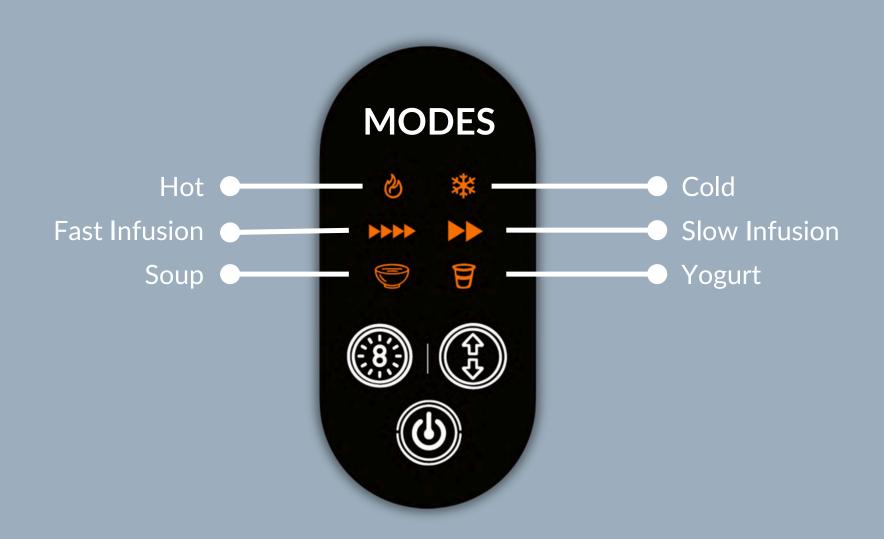
- Hot Mode: Ideal for preparing warm plant-based milks, such as soy milk or nut milks, without prior soaking. Hot extraction reduces sediment and minimizes the need for filtering with many types of nuts. However, not all nuts, beans, or grains are suitable for hot extraction. As a general rule, ingredients that require boiling before consumption are not recommended for this method.
- Cold Mode: Perfect for blending cold beverages like almond milk, oat milk, or juices.
- After the main cycle, you can use the "Cold Mode" to blend all the ingredients when adding garnish.
- In general, hot milks do not require straining, while cold milks may need it.
- Milks can be made hot or cold depending on personal preference.

SOUP PREPARATION & CUSTOMIZATION:

- Cream soups can be made with non-fibrous ingredients, adjusting the recipe to taste. However, avoid using flour or other thickeners.
- Herbs, oils, and butters can be added for creative customization. Feel free to season to taste.
- You can adjust the amount of water and ingredients to modify consistency, but always ensure not to exceed the maximum capacity limits.

ADDITIONAL NOTES:

- Soups can be garnished as desired.
- Plant-based milks can be made from a wide variety of ingredients.
- Add seasoning at the end for optimal flavor.
- Ensure all images and instructions are correctly updated.
- The maximum capacity for each mode is **800ml**, except for the "Cold Mode", which allows **up to 1000ml**. Do not exceed this limit when using Nutrify.



CLEANING

Cleaning the Lid and Gasket

- 1. Remove the lid and gently detach the rubber gasket.
- 2. Wash the lid and gasket with mild detergent and warm water.
- 3. Rinse thoroughly and dry completely.
- 4. Reattach the gasket to the lid, ensuring it is positioned securely.

Tip: Both the lid and gasket are dishwasher safe for added convenience.

Cleaning the Main Unit

- 1. Exterior: Wipe the main unit with a soft, damp cloth. Avoid abrasive cleaners or scouring pads.
- 2. Interior:
- Add 500 ml of water and a few drops of mild detergent to the main unit.
- Run the Cold mode to clean the blades.
- Discard the soapy water and rinse the interior thoroughly with clean water.
- 3. Dry the interior and exterior completely before storing.

Warning: Do not touch the blades directly while cleaning. The blades are sharp and may cause injury. Use the included cleaning brush for safe handling.

Removing Tough Stains

- 1. Add 45 ml of baking soda and hot water (up to the MAX warm line) to the main unit.
- 2. Let it soak for 15–30 minutes.
- 3. Use the included cleaning brush to scrub gently.
- 4. Rinse thoroughly with water and dry.

Regular Maintenance Tips

- Clean the appliance after each use to prevent residue buildup and maintain performance.
- Store the unit in a cool, dry place when not in use.

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Duration: 30 minutes

Ingredients:

- 180 ml (¾ cup) of soaked almonds (unsalted and roasted)
- 590 ml (2½ cups) of water
- 10 g turmeric
- 5 g sugar powder
- 5 g ginger powder
- 10 g cinnamon powder
- 5 g grated nutmeg
- 1 pinch of salt

- 1. Add all the ingredients to the machine
- 2. Select the "Hot" mode and press "Start"
- 3. Ready to serve





Duration: 5 minutes

Ingredients:

- 235 ml (1 cup) of cashews (soaked optional)
- 15 ml (1 tbsp) hemp seeds
- 15 ml (1 tbsp) of spirulina
- 15 ml (1 tbsp) of honey
- 710 ml (3 cups) of water
- A pinch of sea salt

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Strain and serve





Duration: 5 minutes

Ingredients:

- 125 g (1 cup) of pistachios
- 30 ml (2 tbsp) honey
- 590 ml (2½ cups) of water

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Strain and serve



VANILLA CASHEW MILK



Serves: 3

Duration: 30 minutes

Ingredients:

- 150 g (1 cup) cashews (soaked optional)
- 590 ml (2½ cups) of water (if you want a creamier milk, reduce water)
- 5 ml (1 tsp) vanilla extract
- 2 dates (pitted)

- 1. Add all the ingredients to the machine
- 2. Select the "Hot" mode and press "Start"
- 3. Strain and serve



HORCHATA MILK



Serves: 2

Duration: 30 minutes

Ingredients:

- 75 g (½ cup) of chufa (tiger nuts), soaked for 8 hours and rinsed
- 1 cinnamon stick or 0.65 g (1/4 tsp) cinnamon powder
- 25 g (2 tbsp) sugar (optional)
- 590 ml (2½ cups) of water
- 5 ml (1 tsp) vanilla extract (optional)

- 1. Add all the ingredients to the machine
- 2. Select the "Hot" mode and press "Start"
- 3. Strain (if desired) before serving for a silky-smooth texture



COCONUT RICE MILK



Serves: 3

Duration: 5 minutes

Ingredients:

- 80 g (1 cup) coconut shreds
- 195 g (1 cup) cooked white rice
- 30 ml (2 tbsp) honey
- 590 ml (2½ cups) of water
- A pinch of salt

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Strain and serve



HAZELNUT CHOCOLATE MILK

Serves: 2

Duration: 10 minutes

Ingredients:

- 135 g (1 cup) of hazelnuts (soaked for 30 minutes and rinsed)
- 590 ml (2½ cups) of water
- 12 g (2 tbsp) cocoa powder
- 15 ml (1 tbsp) honey
- 1 pinch of salt

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Strain for a smoother texture



LATTES

CREAMY OAT CINNAMON DRINK

Serves: 2

Duration: 5 minutes

Ingredients:

- 80 g (1 cup) rolled oats (soaked for 30 minutes and rinsed)
- 475 ml (2 cups) water
- 2.5 g (1 tsp) ground cinnamon
- 15 ml (1 tbsp) honey or brown sugar
- 15 ml (1 tbsp) of a healthy oil (optional for coffee maker use)

- 1. Add the oats and the water to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Add the cinnamon and honey and serve



WALNUT CINNAMON LATTE

Serves: 2

Duration: 30 minutes

Ingredients:

- 10 g (2 tbsp) instant coffee
- 120 g (1 cup) walnuts
- 590 ml (2½ cups) water
- 1 pinch of salt
- 10 g (1 tbsp) cinnamon powder

- 1. Add all the ingredients to the machine
- 2. Select the "Hot" mode and press "Start"
- 3. Ready to serve



DRIED ROSE LATTE



Serves: 2

Duration: 30 minutes

Ingredients:

- 90 g (½ cup) soybeans
- 235 ml (1 cup) rose water
- 6 dried jujube dates pitted
- 590 ml (2½ cups) water
- A pinch of sugar (optional)
- Dried roses (for decoration)

- 1. Add all the ingredients to the machine
- 2. Select the "Hot" mode and press "Start"
- 3. Ready to serve



ALMOND MATCHA LATTE

Serves: 2

Duration: 30 minutes

Ingredients:

- 145 g (1 cup) almonds
- 710 ml (3 cups) water
- 4 g (2 tsp) matcha powder
- 5 ml (1 tsp) honey or agave syrup (optional)

- 1. Add the almonds and the water to the machine
- 2. Select the "Hot" mode and press "Start"
- 3. Once ready, add the matcha powder and honey
- 4. Mix well with a spoon



PUMPKIN SPICE LATTE



Serves: 2

Duration: 30 minutes

Ingredients:

- 20 g (2 tbsp) cashews
- 30 ml (2 tbsp) honey
- 15 g (1 tbsp) pumpkin purée
- 4 g (½ tbsp) pumpkin spice
- 590 ml (2½ cups) water
- 1 pinch of cinnamon

- 1. Add all the ingredients to the machine
- 2. Select the "Hot" mode and press "Start"
- 3. Strain and serve





Duration: 5 minutes

Ingredients:

- 190 g (1 cup) soaked brown rice
- 5 g (1 tbsp) cardamom pods
- 8 g (1 tbsp) cinnamon
- 1 star anise
- 30 ml (2 tbsp) coconut milk
- 590 ml (2½ cups) water
- A pinch of salt

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Strain and serve



WHITE CHOCOLATE LATTE

Serves: 2

Duration: 5 minutes

Ingredients:

- 170 g (1 cup) broken white chocolate
- 70 g (½ cup) soaked almonds
- 30 ml (2 tbsp) honey
- 590 ml (2½ cups) water

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Ready to serve



SOUPS & PURÉES



Duration: 30 minutes

Ingredients:

- 1 medium chopped zucchini
- 1/2 chopped onion
- A dash of olive oil
- 400 ml (1¹/₃ cups) vegetable stock
- 100 ml (% cup) of your favourite milk
- Salt and pepper to taste

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Ready to serve





Duration: 30 minutes

Ingredients:

- 210 g (1½ cups) frozen peas
- 1/2 chopped onion
- 3 g (1 tsp) garlic powder
- 15 ml (1 tbsp) olive oil
- 400 ml (1²/₃ cups) vegetable or chicken broth
- Salt and pepper to taste

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Ready to serve





Duration: 30 minutes

Ingredients:

- 150 g (1 cup) cooked cauliflower
- 1/4 chopped onion
- 150 g (1 cup) cashews
- 3 g (1 tsp) garlic powder
- A dash of olive oil
- 350 ml (1% cups) vegetable stock
- 100 ml (% cup) of your favourite milk
- Salt and pepper to taste
- Save some vegetables for garnish

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Garnish and serve



PUMPKIN SOUP



Serves: 2

Duration: 30 minutes

Ingredients:

- 120 g (1 cup) chopped pumpkin
- 1/4 chopped onion
- 1/2 chopped avocado
- 3 g (1 tsp) garlic powder
- A dash of olive oil
- 350 ml (1½ cups) vegetable stock
- 100 ml (% cup) milk
- Salt and pepper to taste

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Ready to serve





Duration: 30 minutes

Ingredients:

- 160 g (2 cups) cooked broccoli
- 1/2 chopped onion
- 2 cloves minced garlic
- 170 g (1 cup) quinoa
- 400 ml (1% cups) vegetable stock
- 100 ml (% cup) of your favourite milk
- Salt and pepper to taste
- Save some broccoli for garnish

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Garnish and serve





Duration: 30 minutes

Ingredients:

- 270 g (1½ cups) chopped ripe tomatoes
- 1/2 chopped onion
- 10 g (½ cup) chopped basil
- 2 cloves minced garlic
- 60 g (1 small carrot, chopped)
- 350 ml (1½ cups) vegetable stock
- 50 ml (3½ tbsp) of your favourite milk
- A dash of olive oil
- Salt, paprika, and pepper to taste
- Croutons for garnish

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Garnish with croutons and serve





Duration: 30 minutes

Ingredients:

- 1 medium chopped potato
- 1/2 chopped onion
- 2 cloves minced garlic
- 400 ml (1% cups) vegetable stock
- 50 g (3½ tbsp) butter
- 100 ml (% cup) of your favourite milk
- Chopped chives for garnish
- Salt and pepper to taste
- Save some cooked potatoes for garnish

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Garnish with potatoes and chives and serve





Duration: 30 minutes

Ingredients:

- 2 small chopped carrots
- 1/2 chopped onion
- 2 cloves minced garlic
- 75 g (1/3 cup) red lentils
- 400 ml (1% cups) vegetable stock
- A dash of olive oil
- Salt and pepper to taste

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Ready to serve



MUSHROOM SOUP



Serves: 2

Duration: 30 minutes

Ingredients:

- 100 g (1½ cups) chopped mushrooms
- 1/2 chopped onion
- 2 cloves minced garlic
- 400 ml (1% cups) vegetable stock
- 100 ml (% cup) of your favourite milk
- A dash of olive oil
- A handful of fresh parsley for garnish

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Garnish with parley and serve



ROASTED CAULIFLOWER SOUP

Serves: 2

Duration: 30 minutes

Ingredients:

- 200 g (2 cups) chopped cauliflower
- 2 cloves minced garlic
- 350 ml (1½ cups) vegetable stock
- 100 ml (% cup) of your favourite milk
- Salt and pepper to taste

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Ready to serve



CARROT ORANGE CREAM

Serves: 2

Duration: 30 minutes

Ingredients:

- 2 small chopped carrots
- 100 ml (% cup) orange juice
- 400 ml (1% cups) vegetable stock
- Salt and pepper to taste

- 1. Add carrots, stock and seasonings to the machine.
- 2. Select the "Soup" mode and press "Start"
- 3. Add the orange juice and mix well with a spoon or select the "Cold" mode and press "Start" to blend it
- 4. Ready to serve





Duration: 30 minutes

Ingredients:

- 2 sliced leeks (white parts only)
- 2 chopped potatoes
- 400 ml (1% cups) vegetable stock
- 100 ml (% cup) of your favourite milk
- Salt and pepper to taste

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Chill in refrigerator for a least 2 hours and serve.



SPINACH BLUE CHEESE CREAM

Serves: 2

Duration: 30 minutes

Ingredients:

- 60 g (2 cups) fresh spinach
- 60 g (½ cup) blue cheese
- 500 ml (2% cups) vegetable stock
- Salt and pepper to taste

- 1. Add all the ingredients except the blue cheese to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Add the blue cheese, select the "Cold" mode and press "Start"
- 4. Ready to serve



SWEET CORN SOUP



Serves: 2

Duration: 30 minutes

Ingredients:

- 1 cup corn kernels (fresh or frozen)
- 1 small chopped potato
- 1 small chopped onion
- 400 ml (1% cups) vegetable stock
- 50 ml (3½ tbsp) of your favourite milk
- Salt and pepper to taste

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Garnish with corn kernels and chives and serve



TOMATO BASIL SOUP



Serves: 2

Duration: 30 minutes

Ingredients:

- 2 big chopped tomatoes
- 2 cloves minced garlic
- 1 chopped onion
- 400 ml (1% cups) vegetable stock
- A handful of fresh basil leaves
- Salt and pepper to taste
- Croutons for garnish

- 1. Add all the ingredients except the basil to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Add the basil, select "Cold" mode and press "Start"
- 4. Garnish with croutons and a basil leaf and serve



BROCCOLI CHEDDAR SOUP

Serves: 2

Duration: 30 minutes

Ingredients:

- 160 g (2 cups) cooked broccoli
- 1 small chopped potato
- 400 ml (1% cups) vegetable stock
- 100 g (1 cup) cheddar cheese (grated)
- Salt and pepper to taste

- 1. Add all the ingredients except the cheddar to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Add the cheddar cheese, select the "Cold" mode and press "Start"
- 4. Ready to serve



PUMPKIN GINGER SOUP



Serves: 2

Duration: 30 minutes

Ingredients:

- 195 g (1½ cups) peeled and chopped pumpkin
- 15 g (1 tbsp) grated ginger
- 400 ml (1% cups) vegetable stock
- 50 ml (3½ tbsp) coconut milk
- Salt and pepper to taste

- 1. Add all the ingredients except the coconut milk to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Add the coconut milk, select the "Cold" mode and press "Start"
- 4. Ready to serve



SPANISH GAZPACHO



Serves: 4

Duration: 5 minutes

Ingredients:

- 2 chopped ripe tomatoes
- ½ chopped peeled cucumber
- ½ chopped red bell pepper
- ½ small chopped red onion
- 30 ml (2 tbsp) olive oil
- 15 ml (1 tbsp) red wine vinegar
- 1 clove minced garlic
- 200 ml (¾ cup + 2 tbsp) cold water
- Salt and pepper to taste

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. You can repeat the "Cold" mode for desired texture
- 4. If desired, chill for an hour and serve



ROASTED GARLIC POTATO SOUP

Serves: 2

Duration: 30 minutes

Ingredients:

- 3 roasted garlic cloves
- 2 medium chopped potatoes
- 400 ml (1¹/₃ cups) chicken or vegetable stock
- 50 ml (3½ tbsp) of your favourite milk
- Salt and pepper to taste

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Ready to serve



CAULIFLOWER AND LEEK SOUP

Serves: 2

Duration: 30 minutes

Ingredients:

- 1 cup of cauliflower (chopped)
- 1 sliced leek (white parts only)
- 400 ml (1% cups) vegetable stock
- 100 ml (% cup) of your favourite milk
- Salt and pepper to taste
- Save some cooked cauliflower for garnish

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Ready to serve



SWEET POTATO PURÉE

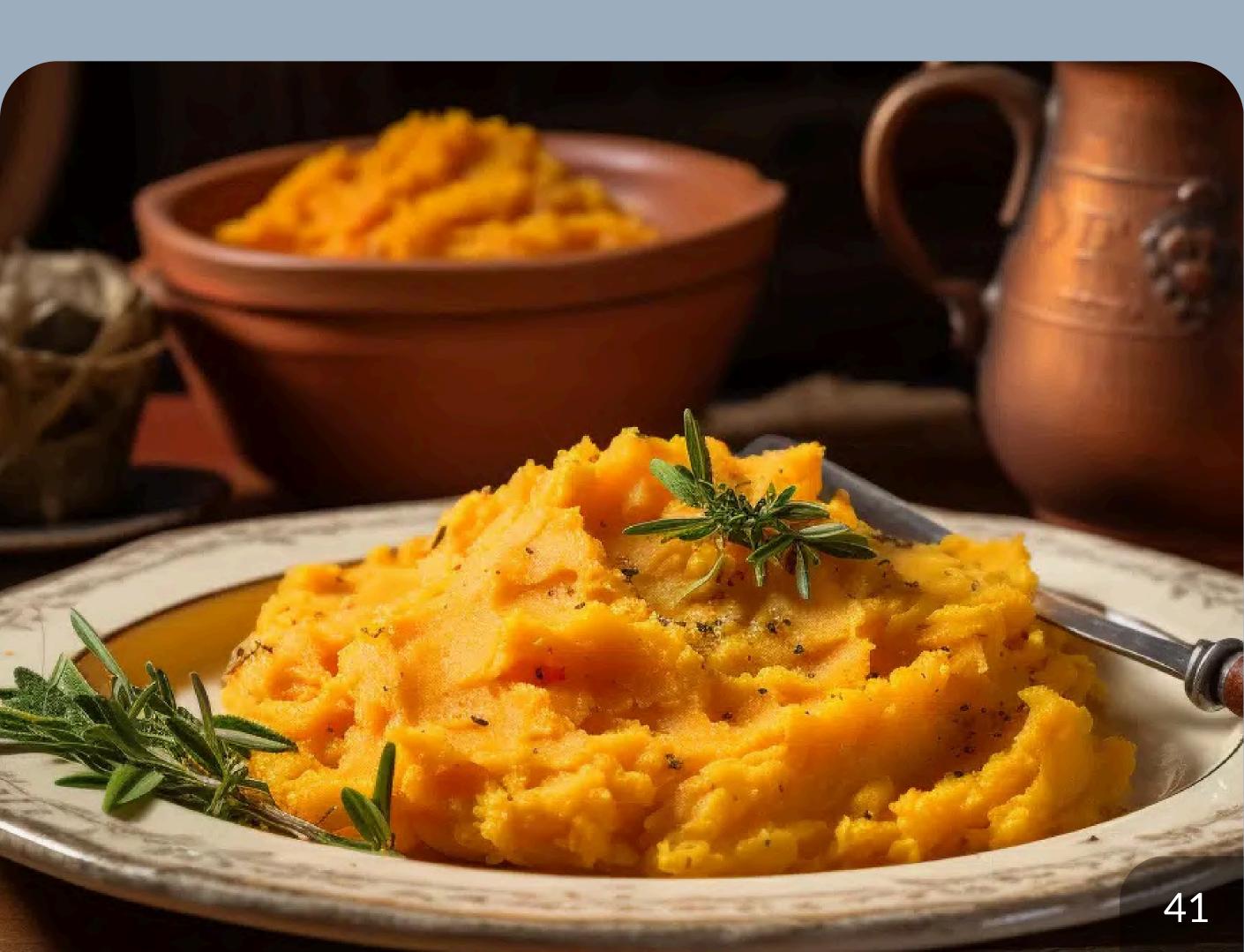
Serves: 2

Duration: 30 minutes

Ingredients:

- 130 g (1 cup) of chopped peeled sweet potato
- 100 ml (% cup) of your favourite milk
- A pinch of nutmeg
- Salt and pepper to taste

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Ready to serve



SMOOTHIES

TROPICAL SMOOTHIE



Serves: 2

Duration: 5 minutes

Ingredients:

- 2 or 3 chopped pineapple slices
- 1 banana
- 1 mango
- 240 ml (1 cup) coconut milk
- 15 ml (1 tbsp) lime juice

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Ready to serve



BERRY SMOOTHIE



Serves: 2

Duration: 5 minutes

Ingredients:

- 150 g (1 cup) mixed berries (strawberries, blueberries, raspberries)
- 245 g (1 cup) yogurt
- 15 ml (1 tbsp) honey
- 240 ml (1 cup) water

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Ready to serve



PIÑA COLADA SMOOTHIE



Serves: 2

Duration: 5 minutes

Ingredients:

- 150 g (2 cups) shredded or laminated coconut
- 1 chopped pineapple slice
- 30 ml (2 tbsp) honey
- 240 ml (1 cup) cold water

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Mix with rum, if desired.
- 4. Ready to serve



MANGO GINGER SMOOTHIE

Serves: 2

Duration: 5 minutes

Ingredients:

- 1 chopped mango
- 15 g (1 tbsp) grated ginger
- 240 ml (1 cup) almond milk
- 15 ml (1 tbsp) honey

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Ready to serve



AVOCADO CHOCOLATE MOUSSE

Serves: 2 Duration:

5 minutes

Ingredients:

- 1 ripe avocado (previosly mashed with a fork)
- 100ml (6 tbsp) milk
- 10 g (2 tbsp) cocoa powder
- 30 ml (2 tbsp) honey
- 15 ml (1 tbsp) almond milk
- A pinch of sea salt

- 1. Add all the ingredients to the machine
- 2. Select the "Cold" mode and press "Start"
- 3. Refrigerate until chilled and serve



SOY MILK YOGURT



Serves: 4

Duration: 8 hours

Ingredients:

- 475 ml (2 cups) soy milk
- 8 g (1 tbsp) agar powder
- 15 ml (1 tbsp) honey
- 15 g (1 tbsp) yogurt starter

- 1. Add all the ingredients to the machine
- 2. Select the "Yogurt" mode and press "Start"
- 3. Refrigerate for 2-4 hours and serve



DIPS & SAUCES

WARM FRUIT COMPOTE



Serves: 2

Duration: 30 minutes

Ingredients:

- 150 g (1 cup) mixed fresh or frozen fruits (e.g., apples, berries, pears, or peaches)
- 30 ml (2 tbsp) honey or maple syrup
- 2.5 g (1 tsp) ground cinnamon
- 2.5 ml (½ tsp) vanilla extract
- 60 ml (¼ cup) water

- 1. Add all the ingredients to the machine
- 2. Select the "Soup" mode and press "Start"
- 3. Ready to serve



COCONUT PORRIDGE



Serves: 2

Duration: 5 minutes

Ingredients:

- 90 g (1 cup) rolled oats
- 75 g (1 cup) shredded coconut
- 120 g (1 medium) banana (chopped)
- 45 ml (3 tbsp) honey
- 400 ml (1% cups) almond milk
- 2.5 g (1 tsp) cinnamon

- 1. Add all the ingredients to the machine.
- 2. Select the "Hot" mode and press "Start".
- 3. Ready to serve.



NWTRIFY

STRAWBERRY CHIA PORRIDGE

Serves: 2

Duration: 5 minutes

Ingredients:

- 90 g (1 cup) rolled oats
- 150 g (1 cup) chopped strawberries
- 10 g (1 tbsp) chia seeds
- 30 ml (2 tbsp) honey
- 475 ml (2 cups) almond milk

- 1. Add all the ingredients to the machine
- 2. Select the "Hot" mode and press "Start"
- 3. Ready to serve



COCOA ALMOND PORRIDGE

Serves: 2

Duration: 30 minutes

Ingredients:

- 143 g (1 cup) roasted almonds
- 156 g (1 cup) rolled oats
- 1 chopped banana
- 60 ml (4 tbsp) honey
- 6 g (1 tbsp) cocoa powder
- 8 g (1 tbsp) ground cinnamon
- 240 ml (1 cup) water

- 1. Add all the ingredients to the machine
- 2. Select the "Hot" mode and press "Start"
- 3. Ready to serve





Serves: 2

Duration: 30 minutes

Ingredients:

- 3 peeled cored and chopped apples
- 150 ml (½ cup) water
- Cinnamon to taste
- Optional: 25 g (2 tbsp) cane sugar or agave syrup.

- 1. Add all the ingredients to the machine
- 2. Select the "Fast Infusion" mode and press "Start"
- 3. Cool and serve





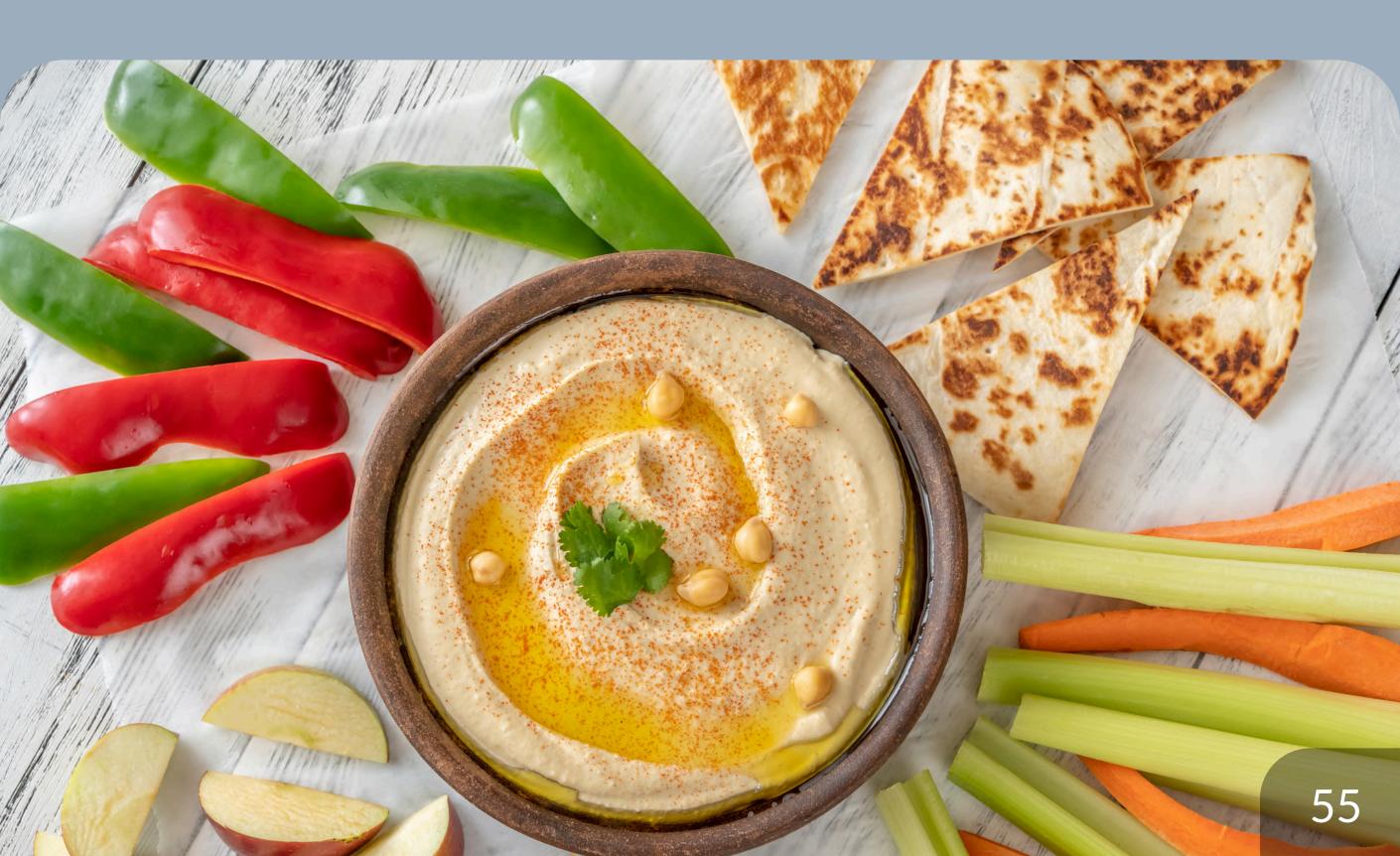
Serves: 4

Duration: 30 minutes

Ingredients:

- 164 g (1 cup) cooked chickpeas
- 1 clove minced garlic
- 15 g (1 tbsp) tahini
- 15 ml (1 tbsp) lemon juice
- 30 ml (2 tbsp) olive oil
- 5 g (1 tsp) sea salt
- 120 ml (½ cup) water

- 1. Add all the ingredients to the machine
- 2. Select the "Fast Infusion" mode and press "Start"
- 3. Chill before serving



BEETROOT HUMMUS



Serves: 4

Duration: 10 minutes

Ingredients:

- ½ cup water
- 164 g (1 cup) cooked chickpeas
- 1 medium peeled and chopped roasted beetroot
- 1 clove minced garlic
- 30 g (2 tbsp) tahini
- 30 ml (2 tbsp) olive oil
- 15 ml (1 tbsp) lemon juice
- 5 g (1 tsp) salt

- 1. Add all the ingredients to the machine
- 2. Select the "Fast Infusion" mode and press "Start"
- 3. Chill and serve

^{**}Master tip: Roast beets in the skins & cool. They pop right out!



BUTTERS & OILS



Serves: 10 uses

Duration: 30 minutes

Ingredients:

- 230 g (1 cup) unsalted butter
- 8 g (2 tbsp) chopped fresh herbs (e.g., parsley, thyme, rosemary)
- 1 clove minced garlic

- 1. Add all the ingredients to the machine
- 2. Select the "Fast Infusion" mode and press "Start"
- 3. Pour into a container and allow to solidify before use



CHILI-INFUSED OLIVE OIL

Serves: 10 uses

Duration: 2 hours

Ingredients:

- 400 ml (1\% cups) olive oil
- 2 dried red chilies
- 2.5 g (1 tsp) chili flakes

- 1. Add all the ingredients to the machine
- 2. Select the "Slow Infusion" mode and press "Start"
- 3. Strain into a container and use



GARLIC ROSEMARY OIL



Serves: 10 uses

Duration: 2 hours

Ingredients:

- 400 ml (1\% cups) olive oil
- 3 crushed garlic cloves
- 2 sprigs rosemary

- 1. Add all the ingredients to the machine
- 2. Select the "Slow Infusion" mode and press "Start"
- 3. Strain into a container and use



GARLIC-INFUSED OLIVE OIL

Serves: 10 uses

Duration: 2 hours

Ingredients:

- 400 ml (1\% cups) olive oil
- 3 crushed garlic cloves

- 1. Add all the ingredients to the machine
- 2. Select the "Slow Infusion" mode and press "Start"
- 3. Strain into a container and use



LEMON HERB OLIVE OIL



Serves: 10 uses

Duration: 2 hours

Ingredients:

- 400 ml (1\% cups) olive oil
- Zest of 1 lemon
- 1 sprig of rosemary

- 1. Add all the ingredients to the machine
- 2. Select the "Slow Infusion" mode and press "Start"
- 3. Strain into a container and use



